

ALL IN

WEEK # 1: SPIRITUAL RESILIENCY

Mark 12:30 - “Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.”

“IT’S ALL OR NOTHING!”

“I’M ALL IN!”

“YOU’RE EITHER IN OR YOU’RE OUT!”

“GIVE IT ALL YOU GOT!”

FOOD FOR THOUGHT - HAVE YOU EVER BEEN ALL IN ON ANYTHING IN YOUR LIFE? WHAT WOULD IT LOOK LIKE IF YOU WERE ALL IN AT WORK, IN YOUR MARRIAGE, IN YOUR FRIENDSHIPS?

FOOD FOR THOUGHT - WHAT WOULD LOOK LIKE IF YOU WERE ALL IN IN YOUR RELATIONSHIP WITH GOD?

- **Romans 12:1,2** - *Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.*

BEING “ALL IN” SPIRITUALLY MEANS I WILL...

1. **Know** the plan.

- John 20:30-31 - *30 Jesus performed many other signs in the presence of his disciples, which are not recorded in this book.31 But these are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name.*
- Ephesians 1:3-7 - *Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. 4 For he chose us in him before the creation of the world to be holy and blameless in his sight. In love 5 he predestined us for adoption to sonship[c] through Jesus Christ, in accordance with his pleasure and will— 6 to the praise of his glorious grace, which he has freely given us in the One he loves. 7 In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace.*

2. **Have** a plan.

- Psalm 1:1-3 - *Blessed is the person who does not follow the advice of wicked people, take the path of sinners, or join the company of mockers. 2 Rather, he delights in the teachings of the*

Lord and reflects on his teachings day and night. 3 He is like a tree planted beside streams – a tree that produces fruit in season and whose leaves do not wither. He succeeds in everything he does. (Translation: GWN)

(NIV Translation) Psalm 1:1-3 - Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, 2 but whose delight is in the law of the Lord, and who meditates on his law day and night. 3 That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers.

3. Work the plan.

- *Matthew 7:24-28 - “These words I speak to you are not incidental additions to your life, homeowner improvements to your standard of living. They are foundational words, words to build a life on. If you work these words into your life, you are like a smart carpenter who built his house on solid rock. Rain poured down, the river flooded, a tornado hit—but nothing moved that house. It was fixed to the rock. “But if you just use my words in Bible studies and don’t work them into your life, you are like a stupid carpenter who built his house on the sandy beach. When a storm rolled in and the waves came up, it collapsed like a house of cards.” (Translation: The Message)*

(NIV Translation) Matthew 7:24-28 - “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. 25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. 26 But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. 27 The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”

Points to Ponder

- 1) Why is it so important to know the plan and have a plan in place when life’s storms hit? Can you think of a time when the storms came when you were spiritually resilient? If so, what were the results and how did you weather it? Why was that the case...what did you learn from it?
- 2) If you don’t have a plan in place to work and grow in your spiritual life, do you understand the danger that awaits when life, the devil, and the world bring difficult and trying situations into your life? Can you remember a time when you weren’t working the plan? If so what was the outcome... what did you learn from it?

Homework: Develop a simple spiritual resiliency plan for 2014 and share it with someone who you can discuss it with and will hold you accountable. Some ideas to keep in mind;

- Make it work for you (for some journaling works, for others it is a “go-to passage”, etc.)
- Make it a part of your routine (set a time and commit to it)
- Unplug when you do it (computer closed, phone and TV off, etc.)