

Sexpectations

Week 2: Sex Is Work

Weekly Summary: Too many people expect sex to be easy, just like it is in the movies. But that expectation leads to pressure, frustration, and disillusionment with others. God, on the other hand, expects sex to be the result of a process of love and respect. Paul's classic words to husbands are wives aren't mainly about sex, but they are the key to true intimacy. Love like Christ. Respect like the Church. That's where love grows. "One flesh" love included.

- ◆ Your #1 Question: Why are we so sexually **different**?

- ◆ Sex is **work**.

- ◆ Genesis 4:1a - Adam made love to his wife Eve.

- ◆ Adam "made love" = **Yadah** (Hebrew) = Adam "**knew**" his wife.

- ◆ Ephesians 5:31 - "For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh."

Ephesians 5:28 - In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.

Ephesians 5:21 - Submit to one another out of reverence for Christ.

- ◆ God's Answer: Differences let you (make) **love**.

- ◆ Sex is **forgivable**.

- ◆ Ephesians 5:25-27 - Husbands, love your wives, just as Christ loved the church and gave himself up for her 26 to make her holy, cleansing her by the washing with water

through the word, 27 and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.

Points to Ponder

1. Think of the last depiction of sex you saw in a movie or show. What did it teach you to expect about the ease/difficulty of good sex? Did the people involved “know” each other, love each other, and respect each other?
2. Agree/Disagree: Selflessness is the key ingredient to good and godly sex.
3. Re-read Ephesians 5:25-27. What word from those verses would bring the most comfort to someone who feels ashamed for messing up God’s plan for sex?

Homework For Next Week: Proverbs 5-7

*“Love is the doorway through which the human soul
passes from selfishness to service.”*

~ Jack Hyles