

Sexpectations

Week 4: Sex Is Unnecessary

Weekly Summary: To many in the modern age, a 30-year-old virgin is a fascinating species. Is he dying inside? Is he repressed and frustrated? Ask Jesus. He was fully man in every way, a sexual being, yet fully content to be sexless. Jesus proves that sex is not required for a satisfying life, which is thrilling news for singles, divorcees, widows, and couples struggling with their sex life. Having a joyful connection to God makes sex a good, but unnecessary, gift from God. Need more proof? You'll spend eternity without sex...and be happier than you've ever been!

◆ Review:

1. Sex is **good**.
2. Sex is **work**.
3. Sex is **fiery**.
4. Sex is **forgivable**.

◆ Sex is **unnecessary**.

◆ Proof: **Paul**

◆ 1 Corinthians 7:1-2, 6-7 - Now for the matters you wrote about: "It is good for a man not to have sexual relations with a woman." 2 But since sexual immorality is occurring, each man should have sexual relations with his own wife, and each woman with her own husband. ... I say this as a concession, not as a command. 7 I wish that all of you were as I am. But each of you has your own gift from God; one has this gift, another has that.

◆ Philippians 4:4, 5b, 11b-13 - Rejoice in the Lord always. I will say it again: Rejoice! ... 5 The Lord is near. ... 11 ...for I have learned to be content whatever the circumstances. 12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. 13 I can do all this through him who gives me strength.

◆ Proof: **Jesus**

◆ John 17:13 - "I am coming to you now, but I say these things while I am still in the world, so that they may have the full measure of my joy within them."

◆ Psalm 84:10a - Better is one day in your courts than a thousand elsewhere.

◆ Sex is **forgivable**.

Points to Ponder

1. Agree/Disagree — Americans are obsessed with sex because they have stopped being obsessed with God.
2. Read Philippians 4:4-13. How do Paul's words affect your answer to #1 above?
3. List your top 2-4 takeaways from the Sexexpectations series. Share them with your Life Group or with a trusted Christian friend.

Homework For Next Week: 1 Peter 4:12-19

"When people...spend themselves and risk their lives and fortune in the cause of God's truth and in love for other people, then God is revealed for who He really is: infinitely valuable and satisfying - so much so that His people don't need the fleeting pleasures of sin in order to be content."
~ John Piper