

Roots

Week 2: Group Want Fruit? Grow Roots!

Weekly Summary: “Two are better than one,” wise King Solomon wrote. He knew the power of two (or more) people grouped together for the purpose of spiritual transformation. Have you experienced that power? This message explores the value of have a Life Group, a small circle of Christians who love you, love God, and love to see spiritual growth in you.

- ❖ How often have you traveled alone on a major trip? Who has accompanied you on a trip?

- ❖ Mark 3:14 - “He appointed twelve -- designating them apostles – that they might be with him.”

✓ Take Away 1: Life Groups offer the opportunity to travel the road of life **together**.

- ❖ Acts 2:45 - “They broke bread in their homes and ate together with glad and sincere hearts.

- ❖ Acts 20:11 - “Then he went upstairs again and broke bread and ate.”

- ❖ Acts 20:7 - “On the first day of the week we came together to break bread.”

- ❖ Luke 22:19 - “Do this in remembrance of me.”

- ❖ 1 Corinthians 11:28 - A man ought to examine himself before he eats of the bread and drinks of the cup.

- ❖ Matthew 26:28 - “This my blood of the covenant which is poured out for many for the forgiveness of sins.”

- ❖ 1 Corinthians 10:17 - Because there is one loaf, we who are many form one body, for we all partake of the one loaf.
 - ✓ Take Away 2: Life Groups offer the opportunity to **break bread** focused on Christ.

- ❖ Acts 20:7b - "Paul spoke to the people, and because he intended to leave the next day, he kept on talking until mid night."

- ❖ 1 Thessalonians 5:11 - "There for encourage each other and build each other up, just as in fact you are doing."
 - ✓ Take Away 3: Life Groups offer the opportunity to **"Talk"** and give **"encouragement"**.

Points to Ponder

1. Share some details about a trip you took. Who did you take with you? What made it enjoyable? List reasons why (how) fellow Christians make the road trip of life easier.
2. What is your favorite foreign food? Notice, the early Christians ate together often in small groups. (Broke bread) List details about a fellow Christian you might learn while enjoying food. How does this strengthen Christian friendships? Early Christians also celebrated Lord's Supper. What truths about Christ did this remind them of?
3. Paul talked to his small group for 5-6 hours. What things might he have touched on in his remarks to them? How would our discussions in our Life Groups be the same? Different? Find three ways that you can encourage a fellow Life Group member.

Homework For Next Week: Psalm 1